

CTD-ILD Rheumatology Preceptorship Program 2026, Hospital de la Santa Creu i Sant Pau, Barcelona

Day 1 Monday October 26th

13:00–14:00 **Welcome lunch**

14:00–14:15 **Introduction to the CTD Expert Center and course program** Ivan Castellví (Rheumatology)

14:15–15:15 **Overview of lung involvement on CTD** Diego Castillo (Pulmonology)

- 40-minute presentation, followed by 20-minute discussion

15:15–15:30 **Coffee break**

15:30–17:30 **Lecture I: Bring me your case I** Joseph L. Tandaiapan (Rheumatology)

- Cases to be discussed:
 - Myositis-ILD
 - Sjögren-ILD
 - Vasculitis-ILD
 - Lupus/MCTD-ILD
- 4x 15-minute delegate presentations, each followed by a 15-minute discussion

Hector Corominas (Rheumatology)
Patricia Moya (Rheumatology)
Berta Magallares (Rheumatology)

21:00 **Welcome dinner**

Day 2 Tuesday October 27th

09:00–11:00 **Lecture II: Basic science** Silvia Vidal (Immunology)

- Hallmarks of inflammation and fibrosis on CTD-ILD
- Useful biomarkers on CTD-ILD
 - 2x 40-minute presentations, each followed by a 20-minute discussion

Laura Martinez (Immunology)

11:00–11:30 **Coffee break**

11:30–13:30 **Lecture III: Outcome measures on CTD-ILD** Tomas Franquet (Radiology)

- HRCT tips and tricks on CTD-ILD
- Understanding PFT on CTD-ILD
 - 2x 40-minute presentations, each followed by a 20-minute discussion

Paloma Millán (Pulmonology)

13:30–14:30 **Lunch**

14:30–16:00 **Lecture IV: Special scenarios on CTD-ILD** Joel Francesqui (Pulmonology)

- ILD and PH on CTD-ILD
- Understanding PPF on CTD-ILD

Diego Castillo (Pulmonology)

- 2x 30-minute presentations, each followed by a 15-minute discussion

16:00–16:30 **Coffee break**

- 16:30–17:30 **Lecture V: Bring me your case II**
- SSc-ILD
 - RA-ILD
 - 2x 15-minute delegate presentations, each followed by a 15-minute discussion
- Helena Codes (Rheumatology)
Hye S. Park (Rheumatology)

Free evening

Day 3 Wednesday October 28th

- 09:00–10:00 **Lecture VI: Treatment and guidelines**
- 40-minute presentation followed by a 20-minute discussion
- Diego Castillo (Pulmonology)

- 10:00–12:00 **Practical skills: Tools for CTD-ILD diagnosis and management**
- Delegates to rotate between labs (30 minutes each):

Group 1	Group 2
PFT and bronchoscopy	Capillaroscopy
HRCT radiology unit	Immunology lab
Immunology lab	HRCT radiology unit
Capillaroscopy	PFT and bronchoscopy

Diego Castillo (Pulmonology)
Laura Martínez (Immunology)
Ana Gimenez (Radiology)
Ivan Castellví (Rheumatology)
Helena Codes (Rheumatology)

12:00–13:00 **Lunch**

- 13:00–14:00 **Lecture VII: In the mind of the patient**
- Psychological approach to patients with CTD-ILD
 - 40-minute presentation followed by a 20-minute discussion
- Sandra Ros (Rheumatology)

- 14:00–15:00 **Diving into the multidisciplinary committee**
- Delegates to assist and participate in the MDD committee
- All faculty

- 15:00–16:00 **Roundtable discussion: The MDD approach**
- Open discussion with delegates on the MDD
- Diego Castillo (Pulmonology)
Ivan Castellví (Rheumatology)

- 16:00–16:30 **Concluding remarks**
- Ivan Castellví (Rheumatology)

